



Eagle House Group

Welcome to The Eagle House Group Newsletter

In this October/November Edition:

- 1. New Book Launch! – The 5P Approach by Linda Miller (Group Operations Director)*
- 2. Come Dine With Me! – Social integration workshop for children with Asperger's*
- 3. 'the little group' – Level 1 & NEW Level 2 Training!!*
- 4. FREE TRAINING – Free autism training for local authority transport staff!*

.....and more.....but first.....



New Book Launch – The 5P Approach

Linda Miller, Group Operations Director for Eagle House Group, has just launched her new book on behaviour management. **The 5P approach** offers practical solutions and photocopyable worksheets and tools for both parents and professionals.

Challenging or 'difficult' behaviour can make us all feel overwhelmed and often when we are busy trying to understand what to do with one behaviour another one pops up or appears to get worse. Knowing where to start can often be the first dilemma. We need a system not a fire fight.

The 5P approach sets about an agreed system and encompasses the **Eagle House Approach** to behaviour management. The 5P Approach aims to help parents and professionals to -

- **Profile**
- **Prioritise**
- **Analyse Problems**
- **Problem solve**
- **Plan**

To learn more please visit Jessica Kingsley publishers <http://www.jkp.com/catalogue/book/9781849050388> to order your copy.



Come dine with me!

Do you have or know a young person with Asperger's Syndrome who needs help with social interaction?

Following the success of our 'Come dine with me' summer workshop we are now going to regularly offer these workshops during holiday periods. Holidays can be a very unstructured and isolating time for many teenagers with ASD and these courses offer teenagers a chance to meet other young people facing the same issues.

'Come dine with me' starts with learning how to be part of a group and culminates in planning a dinner party for new found friends!

Youngsters with high functioning ASD and Asperger's Syndrome will have fun learning skills such as:

- Introducing yourself (selling yourself, my strengths)
- Maintaining a conversation
- Understanding why working as a team is important
- How a team works and where you fit in
- How to plan, organize & carry out a dinner party for the 'group' (plus Mums)
- How to reflect on your accomplishments through video footage and self evaluation

These workshops are suitable for youngsters aged 11-15 and will be run from our South London and North London schools, depending on levels of interest. The groups are facilitated by Scott Greathead, Group Lead Speech and Language Therapist and the Eagle House Group Psychology Team. Each course lasts for one week – Monday to Friday either mornings or afternoons at a cost of £120 per week.

To register your interest and to find out more please email your details to julia.pithouse@eaglehousegroup.co.uk



The Little Group Approach Training Programme

Training courses - Levels One and Two

Level One Course

Date: Thursday 12th November 2009 9.30-4.30pm

Cost: £140 per person including lunch

Location: Central London

This fully comprehensive one day course will be of interest to all professionals (and interested parents) working with children with an ASD aged 2-6 years. The day will include:-

- How autism affects a child's learning
- How to create a low anxiety environment
- How attention works; how to get it, share it and keep it!
- How to modify your communication to build skills
- How to create activities that appeal to your child/children whilst achieving your learning objectives

Level Two Course

Date: Thursday 26th November 2009 9.30-4.30pm

Cost: £140

Location: Central London

Judy Gilham, the Head of the little group and little group trainer is now offering her Level two course, for those professionals (and interested parents) who wish to build upon their skills learnt from Level one. The course will focus on

- Behavioural management strategies
- Further development of attention and helping your child to learn as part of a group
- Linking fun and messy play activities to the foundation stage curriculum
- Resources without cost – or making the most of what you have and looking at the resources you have in a different way

Both courses are filled with practical ideas, are very hands on and demonstrate inspiring practice. Judy provides live teaching demonstrations and DVD footage of the training in action within the little group nursery

To book your place or to learn more please go to http://www.thelittlegroup.co.uk/goto/page/application_form,721



Training for Transport Staff

Children with autism can often spend several hours a day on transport travelling to and from school. This time can be fraught with difficulties for the child and also for the drivers and escorts who accompany them. Transitions are often difficult for children with autism and explaining an unpredictable traffic jam can be impossible!

Transport staff are often perplexed by the resultant behaviour and yet rarely if ever receive training in autism.

A school day needs to start well if it is to continue well!

In order to give children the best start and close to their day this course offers all transport staff :-

- An insight into autistic spectrum disorders
- What can cause the problems on the school journey?
- What can be done to support the child?
- A range of practical support from highly experienced trainers

Eagle House Group has delivered training to many hundred transport personnel already with excellent feedback and we are happy to come to your area too. This training is offered **FREE to Local Authorities** who can request more information by emailing julia.pithouse@eaglehousegroup.co.uk



And Finally!!!

- **Follow Eagle House Group on Twitter**
- **Read about us in current edition of The Autism File**
- **Come and meet us at TSL Special Needs London on the 16/17 October**
- **Catch up on all our Open Days and Events on our website www.eaglehousegroup.co.uk**

